

Advance Care Planning Guide Briefing Paper

1. Introduction

- 1.1 Following a Practice Learning Time (PLT) event in 2014 regarding Dementia, the development of a Pennine Lancashire Advanced Planning Guide was proposed, to sit alongside a Pennine Lancashire Primary Care Dementia Guide.
- 1.2 The purpose of the guide is to support patients and professionals to facilitate conversations regarding planning for future care. Supporting information is also included about preparing for the future, documenting priorities and identifying practical arrangements.
- 1.3 The initial decision to develop a Pennine Lancashire booklet was through two steering groups – Pennine Lancashire Dementia Steering Group and Pennine Lancashire Palliative and End of Life Care Steering Group. It was felt that a guide would be beneficial to patients diagnosed with Dementia or with an advanced progressive life limiting illness, however attendees at recent focus groups felt that the guide could be used much wider by many different age groups.
- 1.4 The Advance Care Planning Guide has been developed through series of focus groups with patients, carers, voluntary organisations and professionals and has been endorsed by both Blackburn with Darwen and East Lancashire Clinical Commissioning Groups

2. Roll out and use of Guide

- 2.1 A phased approach will be used to roll out the use of the Guide for the introduction of its existence and use to patients/service users.
- 2.2 It is envisaged that professionals providing care to an individual will use their clinical/professional judgement regarding the appropriate time for who and when to introduce the guide.
- 2.3 A poster has also been produced for GP practices to display within the practice, so that the Guide is also available for anyone wanting to plan for their future care.
- 2.4 A Frequently Asked Questions (FAQs) log will be kept and maintained for any queries raised. Please forward any queries to Emma Slater - Emma.Slater@eastlancscq.nhs.uk

Advance Care Planning Guide Frequently Asked Questions (FAQs)

Q1 When should the guide be introduced?

A Professionals who are involved in an individual's care will use their professional/clinical judgement regarding the appropriate time for the guide to be introduced

Q2 Who should the guide be introduced to?

A Although the guide was originally developed to be introduced to patients diagnosed with Dementia or with an advanced progressive life limiting illness, the guide can be used for anyone wishing to plan for their future care. The guide can also be used by carers to introduce initial conversations with who they care for.

Q3 Is there any easy read document available?

A As there is a lot of information within the guide it is not possible to make this into easy read format. There is an easy read Preferred Priorities of Care document which can be used to complement the advance care planning guide where it is felt an easy ready version would be appropriate (also see separate link on website).



preferred_priorities_
of_care_easy_read.p

Q4 What about other guides or support tools which are readily available?

A There are many national guides and tools to support advance decisions including Alzheimer's Society, Dying Matters, Lancashire End of Life Document. The Pennine Lancashire Advance Care Planning Guide has been developed with an intention for professionals to use and provide consistency locally.

Q5 Is there an electronic copy of the guide available?

A There is an electronic copy of the guide available on the CCG's website for people to access. The format for the electronic version of the document allows for information to be directly typed into.

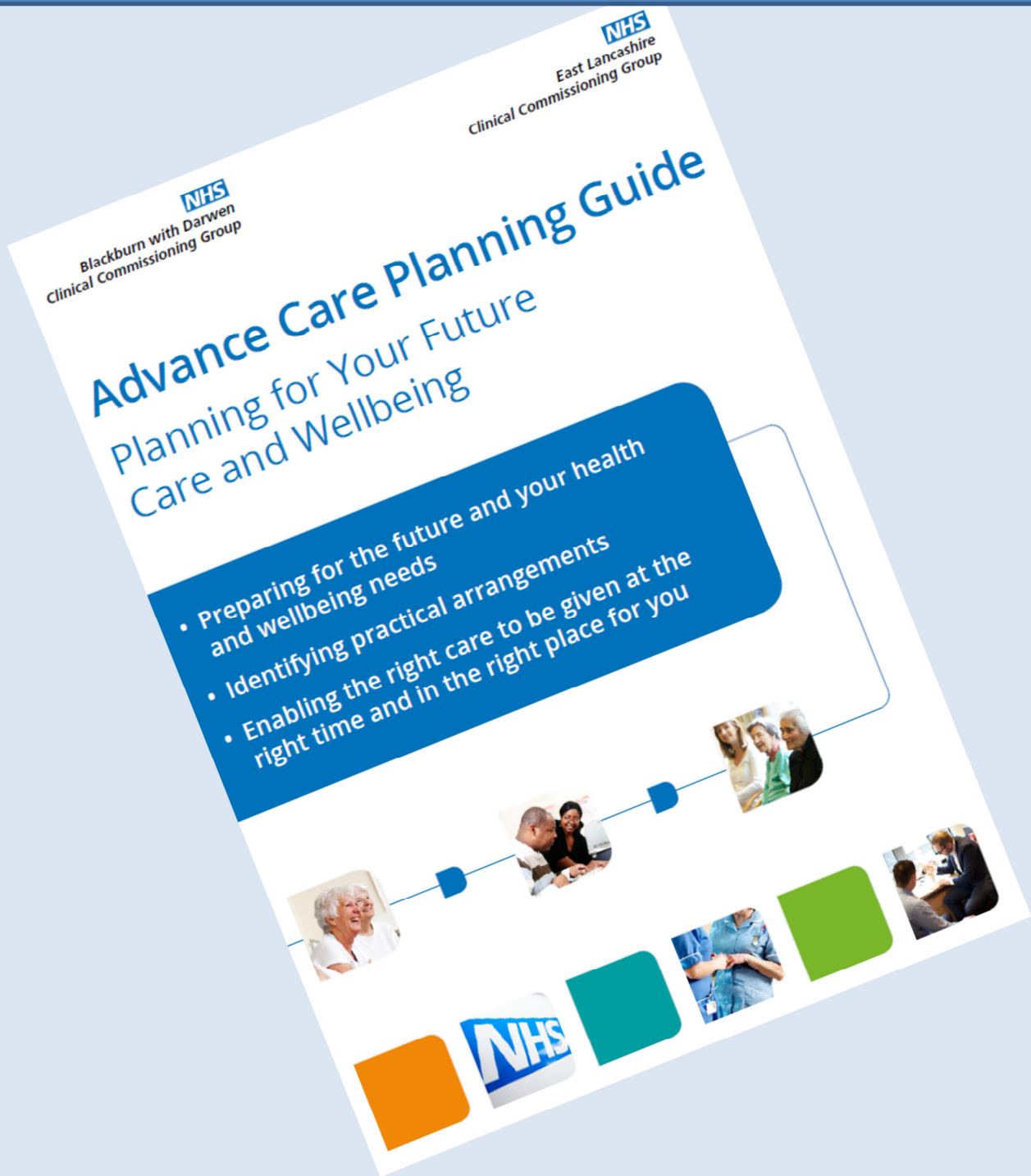
Link to website: <http://www.blackburnwithdarwenccg.nhs.uk/health/pennine-lancashire-end-life-care-strategy/>

Q6 Is there a template of the Guide that can be inputted into on EMIS system

A Due to the amount of information included in the guide this is not possible, however the CCG envisions that advance decision information can be inputted onto the Electronic Palliative Care Coordination System (EPaCCS) once it becomes available.

Advance Care Planning Guide available now:

- Advance care planning can help you (or members of your family or people you care for) plan for the future, it gives you an opportunity to think about, talk about and write down your preferences and priorities for your future care



Please ask reception if you would like a copy