



Blackburn with Darwen
Clinical Commissioning Group

STAKEHOLDER NEWSLETTER



December 2017

Healthier Lancashire and South Cumbria



Leaders across NHS and Local Authorities, working as the Sustainability and Transformation Partnership (STP), are considering the proposition to establish one Accountable Care System (ACS) for Lancashire and South Cumbria comprising five Accountable Care Partnerships (ACPs) – currently known as Local Delivery Partnerships (LDPs).

System leaders are working closely together to focus on performance, assurance, transformation, ACS design and implementation.

System leaders recognise the need for staff working in organisations across Lancashire and South Cumbria to be encouraged and enabled to work on a whole system basis.

The STP supports a Suicide Prevention Strategy that aims to reduce suicide by 10% by 2020. This is part of a wider area of work that is improving the health and wellbeing of the population of Lancashire and South Cumbria. An implementation plan is now being developed.

Clinical Innovation Event with Professor Sir Bruce Keogh

Doctors, nurses and medical professionals in Lancashire and South Cumbria came together to celebrate innovation and transformation at an event with Professor Sir Bruce Keogh, national medical director for NHS England, on Friday 24th November.

The Healthier Lancashire and South Cumbria event included presentations and panel discussions looking at primary care for tomorrow and secondary care for the future.

An innovation market place at the event showcased examples of technology that is enabling new ways of working, best practice and system-wide collaboration that are improving outcomes and patient experience.

Professor Sir Bruce Keogh, the outgoing national Medical Director for NHS England, visited Lancashire on his birthday to attend the event and gave a keynote speech which celebrated innovation in the NHS for almost 70 years.

Watch the video summary of the event <http://www.healthierlsc.co.uk/news/latest-news/clinicians-celebrate-innovation-and-transformation-lancashire-and-south-cumbria>

Pennine Lancashire update



Health and care chiefs publish draft plan for a Healthier Future in Pennine Lancashire

Health and care chiefs in Pennine Lancashire have published a draft plan for health and care services in the area.

The draft plan is a blueprint to improve the health of people living in Pennine Lancashire (which covers Blackburn with Darwen and East Lancashire), as well as improving health and care services in the area.

Over the last year, the Pennine Lancashire Accountable Health and Care Partnership, has been working with residents, volunteers, doctors, nurses, health and care professionals, community workers and others to develop its plans for change. During the summer, health and care bosses listened to what people have had to say about health and care services, and about how they can be supported to live healthily. As a result, a draft Pennine Plan has been developed which outlines a number of innovative and exciting proposals designed to improve the health and wellbeing of people who live and work in the area.

The draft plan is available at <http://togetherahealthierfuture.org.uk/pennine-plan/> and comments are welcome online at

www.surveymonkey.co.uk/r/DraftPenninePlanSurvey.

National NHS News



New Green Paper on children and young people's mental health

On Monday (4 December) the government launched a green paper setting out its plans for an overhaul of mental health support for children in England. Measures set out in *Transforming Children and Young People's Mental Health Provision: A Green Paper* include:

- £300 million funding for mental health support from 2019
- Training for senior designated mental health leads in schools
- Mental Health Support Teams, supervised by clinicians, working in and with schools
- 4 week waiting times for NHS CAMHS services

This is now out to consultation, which will run until midday on Friday 2 March, 2018.

You can read the full [green paper here](#) and respond to the [consultation here](#). The DH and DfE are finalising a number of consultation events for early 2018, including for children and young people, and details of those will be published in due course.

Demonstrating assurance around Prevent criteria

The Counter-Terrorism and Security Act 2015 outlined that all front line services have a statutory duty, known as Prevent, to protect vulnerable and/or susceptible individuals from supporting or becoming involved with any form of extremist activity.

Prevent has formed part of NHS England's mainstream safeguarding agenda and has remained a Nursing safeguarding priority since its inception. Therefore, health organisations are asked to ensure they have:

1. Appropriate training being rolled out to all levels of staff
2. Proportional policies and procedures
3. Clear referral pathways for staff to voice concerns

As we move towards March 2018, organisations such as Trusts and Foundation Trusts will be asked to demonstrate their assurance against these three criteria and more. Regional Prevent Coordinators are on hand to support all organisations in their compliance.

More information on Prevent can be found [here](#).

Health in the headlines



Health stories making the national news include:

- One in five patients regularly misses GP appointments (BBC News)
- Thousands of NHS patients enduring long ambulance waits (Sky News)
- Efforts to beat cancer hamstrung by cuts to local anti-smoking services (Independent)
- Number of children having anxiety counselling rises 60 per cent (Telegraph)
- Radical diet can reverse type 2 diabetes, new study shows (Guardian)

Blackburn with Darwen (BwD) CCG News

Huge thank you for all your donated items



A huge donation of essential groceries, clothes and bedding collected by staff from Blackburn with Darwen Clinical Commissioning Group has all gone to Nightsafe, a charity which supports homeless and vulnerable people aged 16-24 years across the borough.

These were handed over by CCG Chair, Graham Burgess and administration apprentice Ashleigh Davies.

And Rachel Murphy and Ashleigh also want to say a massive thank you to everyone who sponsored and supported them and Rachel's two daughters complete the sleep out on Friday 1st December in Blackburn Town Centre. They raised over £550 as well as collecting clothes and warm coats all of which are being to be passed onto Nightsafe.

Following Ashleigh's participation in a recent mass sleep-out in the town centre, this really hit home for her and she wanted to do more to help.

She said: "In support of my sleep out on 1 December, I didn't really want to ask people for money at this expensive time of year so I asked Nightsafe what they really needed. They needed clothes so I asked my colleagues, friends and family to donate any unwanted clothes."

"I have collected over 30 bags of clothes, duvets and blow up beds which I have donated to Nightsafe to help. Most of the stuff is second hand but its clean and more importantly it is warm."

Blackburn with Darwen GP practice manager wins "Practice Manager of the Year Award 2017"



Ann Neville, a Blackburn with Darwen GP practice manager has been awarded Practice Manager of the Year 2017 at this year's General Practice Awards held in London on 30 November 2017. Ann is practice manager at Darwen Healthcare.

The General Practice Awards are designed to recognise, highlight, and reward the hard work and innovation that gets carried out every day in surgeries throughout the UK.

At the ceremony Ann was described as: "A practice manager who has developed systems and processes that allow safe working. She has upskilled and maximised their workforce resulting in improved staff morale and job satisfaction. They have seen an increase in patient outcomes and clinical indicators. Ann has worked hard to empower the practice to continue to audit practice performance by continually amending action plans to allow improvement."

Ofsted inspection rated as “good”

Blackburn with Darwen Council has been praised for its ‘early help and well co-ordinated support’ by Ofsted inspectors who rated children’s services in the area as good.

A team of eight inspectors spent four weeks carrying out a rigorous inspection under the Government’s new Single Inspection Framework. The judgement, published today, December 8, puts the Council in the top third of local authorities nationally and it’s one of only six out of 23 in the North West to have this rating.

The network of Children’s Centres and partnership working are highlighted as strengths in the report. Social workers are described as being ‘very committed to helping children and protecting them from harm’.

Creative approaches and projects such as the work to protect children at risk of sexual exploitation and missing from home along with the work done to address concerns about radicalisation are also praised. Other good practice was found in the leaving care team with ‘flexible and responsive’ services described. The adoption service was seen to be good with ‘doing the right thing’ for the children being a clear priority. Ofsted separately inspected services for children with disabilities at the Appletree Centre in Blackburn in early October and judged them to be outstanding.

The inspectors were concerned about high demand and capacity issues. Recommendations for improvement included making sure arrangements are planned well in advance before they move to adult services. They also offered a number of recommendations in relation to social care practice and procedure to help ensure that there are no unnecessary delays in responding to the needs of children

More GP appointments over the Christmas and New Year period than last year

Please pass this message to family and friends so they know that GP appointments are available over the festive period. They just have to call their local surgery for the number.



This year GP appointments are available over the Christmas holidays

22nd December

Normal opening times for all surgeries and urgent GP appointments available, 8am – 8pm.

23rd and 24th December

Urgent GP appointments available, 8am – 8pm.

25th December

Urgent GP appointments available.

26th December

Urgent GP appointments available, 8am – 8pm.

27th - 29th December

Normal opening times for all surgeries and urgent GP appointments available, 8am – 8pm.

30th December - 1st January

Urgent GP appointments available, 8am – 8pm.

2nd - 5th January

Normal opening times for all surgeries and urgent GP appointments available, 8am – 8pm.

6th and 7th January

Urgent GP appointments available, 8am – 8pm.

If you need an urgent appointment at your GP or one nearby, contact your practice. For more information visit [nhs.uk/GPaccess](https://www.nhs.uk/GPaccess)

Your NHS, here for you this Christmas.

Pennine Lancashire chosen to trail-blaze new ways of transforming the way sport and activity is offered in England

Pennine Lancashire has been chosen by Sport England as a pilot area to work with on a bold new approach to build healthier, more active communities across England.

Around £100million of National Lottery funding will be invested in 12 pilot schemes over four years, to create innovative partnerships that make it easier for people in these communities to access sport and physical activity.

Across Pennine Lancashire there are more than 100,000 people who are physically inactive increasing the chance that they will have heart disease, a stroke, problems breathing,

cancers and poor mental wellbeing. Poor physical health links closely with mental ill health; having depression doubles the risk of developing coronary heart disease and people with depression have significantly worse survival rates from cancer and heart disease.

Pennine Lancashire's priority group will be almost 40,000 people with depression or anxiety and stress. We know that they are more likely to have other long term illnesses; experience hurdles in finding work and maintaining a job and have a poorer quality of life as a result. We'll be looking to understand the things that lie behind physical inactivity and develop project and programmes to really support people to develop an active life in an active community with active family and friends. We'll be focusing on people with poor mental health but also the communities they live in, the places they go, the way they get around and the people they meet.

Local charity benefits after a Blackburn with Darwen commissioner donated her raffle prize to them



A local charity has benefitted after a Blackburn with Darwen commissioner donated her raffle prize to them.

Claire Jackson, Interim Director of Commissioning at NHS Blackburn with Darwen Clinical Commissioning Group (CCG), chose East Lancashire Hospice in Blackburn as her charity when she won £250 at a recent Health Service Journal (HSJ) Summit.

The HSJ Summit is a yearly meeting of the most senior figures from providers, clinical commissioning groups, regulatory bodies, professional organisations, social care and government attending.