



Blackburn with Darwen
Clinical Commissioning Group

STAKEHOLDER NEWSLETTER



February 2017

Blackburn with Darwen CCG News

Self-Care Survey – please give us your views

As you know from our last newsletter, we are currently conducting a survey into our proposals to stop prescribing treatments for short-term, minor conditions.

All residents of Blackburn with Darwen or those registered with a GP in the borough have the potential to be affected, so we would really appreciate it if you could promote this amongst your own networks, friends and family.

More information about the proposals, a link to the electronic survey, can be found at:
<http://www.blackburnwithdarwenccg.nhs.uk/get-involved/current-consultation/proposals-stop-prescribing-medicines-minor-conditions/>

Or telephone 01254 282211 or email communications@blackburnwithdarwenccg.nhs.uk to arrange for a copy of the survey to be sent to you in the post.

The survey will close on Friday 31 March.

Social media – please follow us!

The CCG has a really active social media presence, both on Twitter and Facebook which we are

continually looking to grow. Our aim is for engagement, 2-way dialogue, retweets, likes, shares, and followers. The content we post is visual and interactive, full of health news, advice and calls to action. If you don't already, please follow us and like and share our posts with family and friends.

Twitter: @bwdccg

Facebook: www.facebook.com/BwDCCG/

Citizen Panel – Join today!

To be most effective, the CCG recognises the need to reach out and listen to as wide a range of people from across Blackburn with Darwen as possible, including not only those who live there but who work there as well. We have a membership scheme – Citizen Panel – which allows us to do that.

If you are not already a member, please join today and encourage your family and friends to join as well. You can either do this online under the Get Involved section on the CCG website or telephone 01254 282211 or email communications@blackburnwithdarwenccg.nhs.uk to arrange for a form to be sent to you in the post.

If you are a member and complete the self-care survey, you will be eligible to be entered into a prize draw with the chance to receive a free gym class, family swim or gym induction or £10 single transaction spend in Blakeys. This is a thank you for taking the time to get involved.

Pennine Lancashire

The fourth public engagement event took place on 30th January 2017 at the ACE Centre, Nelson. Around 50 residents gathered to get involved, debate and help shape the future of health and social care in Pennine Lancashire. The focus of the evening was on giving an update on progress in the development of the programme's draft business case with groups also giving their views on ways to keep people living happy, healthy and well.

Governing Body

Our next Governing Body is on Wednesday 1st March starting 1pm in meeting rooms 1 and 2 at Blackburn Central Library. Our Governing Body Meetings of NHS Blackburn with Darwen CCG are public events and you are welcome to attend. If you are thinking of attending we would very much appreciate prior notice to ensure there is enough room. You can do this by emailing or ringing us on the main contact numbers. If you have any questions to put to the Governing Body, please read our [Protocol for questions \(pdf | 109.1 KiB\)](#)

Blackburn GP wins regional award for contribution to cancer services in Pennine Lancashire

Dr Neil Smith, a Blackburn GP for over 21 years, a Macmillan GP, and the GP lead for cancer commissioning for Blackburn with Darwen and East Lancashire Clinical Commissioning Groups (CCGs) received the 'Living the NHS Values' at the NHS North West Leadership Awards. This follows the national award that he and his team won for the Health Service Journal Patient Safety Award for influencing patient safety in cancer care and services.

In addition to his roles as a GP and cancer lead, Dr Smith is also a GP educator and appraiser, and has trained many of the younger GPs working in the area, as well as running many cancer educational events. He also continues to work as the stadium doctor for Blackburn Rovers.

Dr Smith was nominated for the inclusive and supportive way he has worked hard to improve the experience, care and treatment for patients suffering from cancer. It was recognised that his partnership style and patient focus led everyone who has a role in providing cancer care to deliver improvements in cancer services and, more importantly, to think about early cancer detection and prevention to ensure patients receive the right treatment and care at the right time.

Integrated Musculoskeletal, Pain and Rheumatology Service (IMPRoS) commended in national health business award

A collaboration between East Lancashire and Blackburn with Darwen Clinical Commissioning Groups (CCGs), working in partnership with East Lancashire Hospitals NHS Trust has been commended in a national health business award.

The Integrated MSK, Pain and Rheumatology Service (IMPRoS), which is commissioned by the two CCGs and managed by East Lancashire Hospitals NHS Trust, was shortlisted in the clinical commissioning category of the national health business awards and was commended for the hugely successful collaboration between the three organisations as it has resulted in improved patient care for patients with musculoskeletal, orthopaedic, pain and rheumatology problems.

The service has previously won a national award run by the British Society of Rheumatology who were extremely impressed with the way the Trust and the CCGs not only involved patients from the start, but also with the improvements in patient care and treatment that the service provides.

Dr Adam Black, GP and Lead for Scheduled Care for Blackburn with Darwen CCG said, “The service has streamlined the way referrals are made to ensure that the experience for the patient is as efficient as can be. We are really pleased that we are able to work so closely across the health services to achieve these fantastic results. The changes implemented will greatly improve care for our patients and the health professionals such as the GPs and staff referring into and working in the service.”

New campaign launched in the North West of England to help keep antibiotics working

Public Health England has launched a new campaign in the North West of England informing people that antibiotics don't work for everything and stressing the importance of taking their doctor's advice about whether they need them. Taking antibiotics unnecessarily causes dangerous bacteria to become resistant which means they may not work when they are really needed.

It is estimated that 5,000 people die each year in England as a result of antibiotics no longer working for some infections – that's 13 people every day. In around 30 years we could see 60,000 people die every year because antibiotics have stopped helping them — that's around 160 deaths a day.

However, despite the dangers posed by antibiotic resistance, one in four people in the North West (23%) has never heard of the issue.² Furthermore, 40% of people in the North West don't realise that if someone has taken antibiotics in the last year, any infection they get is more likely to be antibiotic resistant.

For further information on antibiotic resistance please search NHS Antibiotics or visit www.nhs.uk/keepantibioticsworking.

A local man praises the support he has received from a range of services since suffering an unexpected heart attack



(L — R Mark Campbell and David Wilkinson)

David Wilkinson, 65, from Edgworth, is now semi-retired and has a history of being very fit; he has been an active middle cross country runner, a player in the Bolton Squash Leagues and also played football in the Lancashire Amateur Leagues.

David was at home using an exercise bike when he first felt unwell and decided to take a break from the exercise. At the time, the rest of his family were away on holiday and he did not consider there was anything seriously wrong. He described his symptoms as being like mild heartburn and a cold sweat and after some time decided to have a chat with a friend who was also a doctor.

David was taken to Royal Blackburn Hospital and several tests were taken including an ECG and blood tests. The staff at Blackburn confirmed he had suffered a heart attack and he was rushed to the specialist centre at Blackpool Victoria Hospital.

On his discharge, David was offered a range of support and rehabilitation and received great support from his GP and rehabilitation teams in Blackburn.

After being referred to the Cardiac Rehabilitation Team based at Darwen Leisure Centre, David was offered bespoke support to aid his recovery. The team based at Darwen are funded by the Blackburn with Darwen Clinical Commissioning Group and offer a range of rehabilitation support services which can be tailored to suit an individual's needs.

Asked what advice he would give to other people about his experiences, he added, "I would say that people should never ignore symptoms that are slightly out of the ordinary. I shudder to think what would have happened to me had I not spoken to my friend on the day my heart attack happened.

"I have nothing but praise for the support I have received since and would like to thank everyone that has been involved in my care. It has been amazing!"

For full story go to: <http://www.blackburnwithdarwenccg.nhs.uk/local-man-praises-support-received-range-services-since-suffering-unexpected-heart-attack/>

Local and National Health News

Trust Chief Executive named one of Top 50 NHS CEOs



East Lancashire Hospitals NHS Trust Chief Executive, Kevin McGee, has been recognised as one of the Top 50 Chief Executives in a list of NHS leaders selected by the country's largest specialist healthcare magazine, the Health Service Journal.

Shortlisted for his foresight, resilience and leadership, the HSJ Top 50 Chief Executives Award recognises Kevin McGee's outstanding leadership qualities and unwavering focus on improving care at ELHT's five hospitals and numerous community services.

Kevin took the helm of an organisation that had been in 'special measures' just weeks before his arrival and has overseen an impressive turnaround in the Trust's fortunes which culminated in a Care Quality Commission rating of 'Good' in January this year.

Since Kevin's arrival at ELHT, the Trust has achieved a number of significant improvements in patient care including reducing cases of patient harm by more than 500 per year, reduced inpatient falls by 36 per cent and invested in new facilities such as the East Lancashire Elective Centre at Burnley General Teaching Hospital.

Recovering the cost of NHS treatments given to overseas visitors

The Department of Health has announced that new regulations requiring all hospitals to check upfront whether patients are eligible for free NHS treatment will be in place under plans to recover the cost of health treatments provided to patients not ordinarily resident in the United Kingdom (UK).

Legal changes will require all hospitals to establish whether patients are eligible for free treatment, and to charge upfront those who are not eligible, for any non-urgent, planned care.

The law will change from April 2017 and this will play an important role in meeting the Government's ambition to recover up to £500 million a year from overseas visitors who are not eligible for free care.

The new measures will also require hospitals and NHS bodies to identify and flag a patient's chargeable status so that other parts of the NHS can more easily recoup costs from overseas visitors wherever charges apply.

Shigellosis

A highly infectious stomach bug is doing the rounds. Bacillary dysentery or shigellosis – caused by shigella bacteria is the most common type of dysentery in the UK and causes diarrhoea and sometimes sickness. Be aware of symptoms and treatment. It is highly infectious and can be passed on if you don't take the right precautions, such as properly and regularly washing your hands. It usually clears up on its own after three to seven days, treatment isn't usually needed.

However, it's important to drink plenty of fluids and use [oral rehydration solutions \(ORS\)](#) if necessary to avoid [dehydration](#).

Further information about this can be found at <http://www.nhs.uk/conditions/dysentery/Pages/Introduction.aspx>

National No Smoking Day

National No Smoking Day takes place on 8th March and it is the perfect opportunity for smokers to leave their bad habit behind. If you want to stop smoking, there are plenty of treatments available from shops, pharmacies and on prescription to help you beat your addiction. Studies show that people are four times more likely to quit smoking with the combination of medicine and help and support from their local stop smoking service.

Blackburn with Darwen's stop smoking service will support anyone aged 12 years and over who lives, works or has a GP in Blackburn with Darwen.

The team can offer help in lots of different ways so you can find what suits you best. Tel: [01254 682037](tel:01254682037) Email: quitsmoking@blackburn.gov.uk

Falls Prevention Events – dates for your diary

The 'Stand up Stay up' events are a chance for anyone over 50 to access information for a variety of services – medicine management, home aids and adaptations, functional fitness MOTs and Boditrax assessments.

Tuesday 2 March 10am – 1pm
Blackburn Central Library, Meeting rooms 1 & 2

Tuesday 7 March 10am – 1pm
Audley Community Centre

Wednesday 15 March 1.30pm – 4pm
Barlow Institute

Wednesday 29 March 4pm – 7pm
Darwen Aldridge Community Academy

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31st march 2017

Freedom to live
Independently in your
own home.

Help available at
the touch of a
button.

Open to all residents
who pay their council
tax to Blackburn with
Darwen*

*eligibility criteria apply

For more information, call Age UK BwD on
01254 266620

Or come along to one of our offices at
4 King Street, Blackburn or
Darwen Town Hall, Croft Street, Darwen.



In partnership with Blackburn with Darwen Borough Council

LANCASHIRE NOT FORGOTTEN

MEMORIES OF DARWEN

**Do you remember warm school milk, baths once a week,
and Darwen's shops shut all day on a Sunday?**

... We'd love to talk to you!

We're gathering memories from people with dementia, their families and carers, for a new Darwen heritage trail. We've got lots of old photos, newspapers and objects from the past for everyone to look at ... and, of course, plenty of tea and biscuits!

Why not come and share your memories with us?

HOLKER HOUSE HERITAGE CENTRE

Darwen

Wednesday 15 March & Wednesday 5 April

1.30 – 3.30 pm

It's all free - just drop in!

Further information: glynischarlton@gmail.com

Lancashire Not Forgotten is funded by the Heritage Lottery Fund